

**57. M.P.Ed.**

**Part-A (100 Marks)**

1. History, Principles and Foundations of Physical Education
2. Anatomy and Physiology
3. Educational Technology and Methods of Teaching in Physical Education
4. Communication & Soft Skills
5. Olympic Movement
6. Kinesiology and Biomechanics
7. Health Education and Environmental Studies
8. Measurement and Evaluation in Physical Education
9. Computer Applications in Physical Education
10. Recreation and Leisure Management
11. Sports Training
12. Concepts of Wellness Management
13. Sports Psychology and Sociology
14. Sports Medicine, Physiotherapy and Rehabilitation
15. Curriculum Design
16. Sports Management
17. Concepts of Yoga
18. Officiating and Coaching
19. Fitness Assessment and Exercise Prescription
20. Research and Statistics in Physical Education